

LSU Health System
Interim LSU Hospital in New Orleans

Endocrinology Clinic
Fax: 504.903.1605

Patient Label/Stamp

Fax this form with the Endocrinology Master Referral form when requesting appointment.

Appendix: CARCINOID

Please have 24 hour urine for HIAA (5-hydroxy-indole-acetic acid) and creatinine (for adequacy of collection) results (current within the past 6 months) available for this referral. **Please indicate test results and date of performance on this form and fax it with the Endocrine Clinic referral form if the results are not available in CLIQ and send a copy of the results with the patient.** Please instruct the patient to bring copies of test results and their current medications to the clinic for their appointment.

For Technical Instructions re: 24 hour urine for HIAA: **See Appendix: 24 Hour Urine**

Patient Name: _____ Date of Referral: ___/___/___
Date of Birth: ___/___/___ MCLNO Medical Record Number: _____

| | Result: | Lab Range: | Date: |
|---------------|---------|---------------|-------------|
| 24 hour urine | | | ___/___/___ |
| 5-HIAA | _____ | _____ - _____ | |
| Creatinine | _____ | _____ - _____ | |
| Volume | _____ | _____ - _____ | |

Educational note: Please note that certain foods and medications interfere with urine HIAA measurements.
Foods: Bananas, Plantains, Pineapple, Kiwi, Walnuts, Hickory nuts, Pecans, Avocados, alcohol and caffeine related liquids.
Avoid these foods for at least 3-4 days prior to collecting urine.
Medications: Certain Medications cause falsely high or low measurements of 5HIAA and should be discontinued for at least 2 weeks prior to urine collection: Guaifenesin; acetaminophen; Salicylates; L-Dopa; Phenobarbital; MAO inhibitors; phenothiazines; Heparin