

**TIGER  
DENTAL  
CAFÉ WEEKLY  
LUNCH PLAN**

5/13 – 5/17

Hours

Monday – Friday

7:00 AM to 10:00 Breakfast

10:00 AM to 11:00 Closed

11:00 AM to 1:30 PM Lunch

**MONDAY**

ENTRÉES

Red Beans & Sausage

Or  
Baked Cod

Spiced Carrots,  
Potatoes Collard  
Greens, Rice

**ACTION STATION**

**TUESDAY**

ENTRÉES

Baked/ Fried Chicken

or  
Salisbury Steak

Mashed Potatoes, Riced  
Cauliflower, Spinach  
Sauté Baked Beans

**ACTION STATION**

**Wednesday**

ENTRÉES

**Mango Habanero Wings**

or  
Crawfish Julie

Quinoa, Buttered Corn,  
Green Beans, Yellow  
Squash/ Zucchini

**ACTION STATION**

**THURSDAY**

ENTRÉES

BBQ Ribs

or  
Pasta Primavera

Brussel Sprouts,  
Asparagus, Roasted  
Potatoes, Navy Beans

**ACTION STATION**

**FRIDAY**

ENTRÉES

Chicken Sausage  
Gumbo

or  
Fried/ Baked Fish

Baked Macaroni, Cole  
Slaw, Potato Salad,  
Dessert

**ACTION STATION**