

IPSA

INTERPROFESSIONAL STUDENT ALLIANCE



AUGUST 2017

VOLUME 1 ISSUE 1

InterProfessional Education



The Interprofessional Student Alliance is an organization of students from across the health sciences center who work within the community in service and leadership. IPSA encourages representation and participation from all 6 professional programs at LSUHSC. As a student run-organization, IPSA has nine programs that work in the New Orleans region to enact change in the health of the community.

IPSA AWARDS

IPSA presents two awards to students across all six LSUHSC schools. The purpose of these awards is to recognize students for their interprofessional volunteer service work and/ or their leadership in an interprofessional setting.

The **IPSA Award of Interprofessional Distinction** is given to graduating students who have extensively volunteered in IPSA service projects and/or participated in IPSA leadership workshops. Specific requirements are set for each program.

The **IPSA Leadership Award** is given to student leaders regardless of graduation year who have gone above and beyond their role in interprofessional service work in the community.

IPSA WORKSHOPS

Each year IPSA hosts workshops designed to help students gain knowledge and skills that will encourage development as successful interprofessional team members and leaders in the healthcare community. Students from all professional programs are welcome and encouraged to attend. The first IPSA Workshop of the year will be on Wednesday, August 30th from 5:30-7:30pm in MEB Lecture Hall A. Dinner will be provided. Those interested in attending should sign up using the following link:

<https://docs.google.com/spreadsheets/d/1u5ES6NomL6oRygh8-bkyHUvhOcgOUaxTnPfYP4AzLqc/edit#gid=0>. The first workshop will be Adverse Childhood Experiences (ACEs) Training.

ACEs TRAINING

The CDC defines ACEs as stressful or traumatic events, including abuse and neglect, experienced during childhood. They may also include witnessing domestic violence or growing up with family members who have substance use disorders. Increased ACEs predispose an individual to: disrupted neurodevelopment, social, emotional, and cognitive impairment, and the adoption of health-risk behaviors. As a result, ACEs are strongly related to a wide range of health problems throughout a person's lifespan, including those associated with smoking, obesity, cardiovascular disease, COPD, and substance misuse. As healthcare professionals, knowledge of ACEs can help us to better understand and care for our patients.

ANNOUNCEMENTS

We would like to congratulate and welcome **Little Bitty Learning** and **LOCUS** as new IPSA programs! LBL teaches New Orleans families to shop, cook, and eat healthy on a budget. Contact Lisa Staples to volunteer: lstapl@lsuhsc.edu. LOCUS provides a safe space for discussion to foster visibility and understanding of LGBTQ issues on campus. LOCUS also provides community outreach for LGBTQ individuals and allies in the New Orleans community to promote health equality. Contact Ayesha Umrigar to get involved: aumrig@lsuhsc.edu.

CONTACT US

For events, see our IPSA calendar: http://www.lsuhs.edu/administration/academic/cipecp/ipsa_calendar.aspx
Questions, concerns, comments: lsuhscipsa@gmail.com or IPSA@lsuhsc.edu

PROGRAM ANNOUNCEMENTS

SENSORY FRIENDLY FUN DAY

The LSUHSC Occupational Therapy Department has partnered with the Louisiana Children's Museum to host Sensory Friendly Fun Day once every other month! This event allows children with disabilities from around the state and their families the opportunity to experience the museum in a way that allows for the most enjoyable, educational, and fun day! Volunteers from LSUHSC designate a theme in collaboration with LCM and create a variety of activities challenging the participants' sensory regulation, motor, and language skills while being sure to grade the tasks to allow for successful completion and growth, all in the name of fun!!

Our next event will be an "Energy" themed day held on September 17th! If interested, contact Shelby Bourgeois: sbour7@lsuhsc.edu

NOMI

New Orleans Medical Innovators (NOMI) is a medical engineering design incubator created by LSUHSC and other university students in order to solve real world clinical problems. During Idea Day, team leaders will select a clinical problem to tackle from a database created by New Orleans clinicians and create a student team of 4-6 members. Throughout the school year, we have design workshops and review sessions to help students bring their product to fruition. Successful teams will pitch their idea at the IDEA Labs National Demo Day in the spring. At LSUHSC, we also plan to run school-wide design workshops to begin developing the entrepreneurial ecosystem that we envision at our school. This fall we will be holding our annual Idea Day to form teams and project ideas. Contact Anushka Das: adas@lsuhsc.edu

NOWS

NOWS, New Orleans Women's Shelter, is an IPSA organization dedicated to serving the community. There are currently two shelters, South Liberty Street and Chateau d'Orleans. Each of the shelters holds family events, professional development events, and activities for the children every two weeks. Once a month, there are also clinics for the shelters which can range from a pediatric clinic to a health fair. Upcoming events:

S. Liberty Shelter (2020 S. Liberty St.):

August 17th- How to handle stress/mindfulness/yoga (6:30-8PM)

August 26th- Clinic- health check-up (9AM-12PM)

August 31st- CPR and first aid (6:30-8PM)

September 7th- Cervical cancer (6:30-8PM)

September 21st- STD prevention (6:30-8PM)

September 30th- Diabetes/Hypertension clinic (9AM-12PM)

Chateau d'Orleans (14765 Chef Menteur Hwy):

August 30th- Making Your House a Home (5-7PM)

September 27th – Health Education Session (5-7PM)

If you are interested in helping at either of the shelters, please reach out to one of the Co-Directors:

Caleb Speyrer (cspeyr@lsuhsc.edu)

Katherine Hammer (khamm2@lsuhsc.edu)

Shay Vellanki (svella@lsuhsc.edu)

Lauren Bonneval (lbonn4@lsuhsc.edu)

SMART CAFE

"The SMART Cafe program (Student Mentors Advising Real Time Choices About Food and Eating) was started in 2012 through a partnership between Louisiana State University Health Science Center's School of Medicine and ReNEW Sci Tech Academy to address the increasing occurrence of childhood obesity and the prevalence of cardiovascular diseases in New Orleans. LSUHSC students, along with other health science students from around the city, sit with elementary school students during lunch, encourage the students to try all the food on their cafeteria trays (supplied by Revolution Foods), and explain basic nutritional science to the students in an age-appropriate, curriculum-guided, interactive discussion format. To join, please email us expressing interest and participate in a training session to be able to volunteer. Our upcoming events will be determined after an assessment of public interest. Please contact us at smartcafenola@gmail.com

NOARHP

Do you have an interest in reproductive health? Health education? New Orleans Adolescent Reproductive Health Project is the opportunity for you. We are an interprofessional group of healthcare students that partners with area schools to bring a comprehensive, judgement-free, and age-appropriate reproductive health curriculum to adolescents. New this year, all volunteers will be trained by an organization bringing a standardized national model for sex education (more information at foundationstraining.org). This training will be provided for free to volunteers on **September 23rd**, and is a great way to earn professionalism credits and add a national certification to your resume. Volunteers will have an opportunity to teach classes in an area school throughout the semester (earn service credits), and work with members from different schools.

If you'd like more information on NOARHP, time commitments, or anything else, we will be having 2 OPTIONAL information sessions where all these questions will be addressed. **8/24 and 8/28 in room MEB S14 at noon**. If you are ready to apply now, you can do so with the following link: <https://goo.gl/forms/csbglX9pKy5y0YM73>

Applications are due by September 1 at 5 pm. For more info you can e-mail Clairissa at cmullo@lsuhsc.edu.

STUDENTS FOR SUSTAINABILITY

Students for Sustainability, or SFS, was created in 2015 when students couldn't find a good salad on campus and a space to enjoy it outside during their lunch break. The mission of SFS is to promote awareness of environmental issues, and to initiate and maintain student-run projects that create a more environmentally-conscious campus and surrounding community. Students (and faculty!) from all disciplines at LSUHSC can adopt plant beds in our Raised Root Student Garden, no gardening experience necessary! Follow us on Facebook (Raised Root Student Garden) and Instagram (@sfs.lsuhs) to see what we're up to and what beautiful produce is harvested from the garden! To join, volunteer, or for more information, contact President Aubrey Gilliland at agill4@lsuhsc.edu or lsuhscsfs@gmail.com. Events for August/September:

August 26: Garden Workday – great volunteer opportunity!

September 13: First General Membership Meeting at 12 in MEB S14 – must attend if you are interested in Adopting a Plot!!

September 23: Garden Workday

September 25: Plant Sale

September 28: SFS Workshop: Seed Bombs for the beautification of New Orleans