

**TIGER
DENTAL
CAFÉ WEEKLY
LUNCH PLAN**

4/21 – 4/25

Hours

Monday – Friday

7:00 AM to 10:00 Breakfast

10:00 AM to 11:00 Closed

11:00 AM to 1:30 PM Lunch

MONDAY

ENTRÉES

**Vegetarian Red Beans
& Sausage**

Or

Crawfish Etouffée

Green Beans, Bacon &
Potatoes, Veggie

Medley Collard Greens,
White

& Brown Rice

ACTION STATION

TUESDAY

ENTRÉES

Baked/ Fried Chicken
Or
Chili Mac 'N Cheese

Seasoned Potato
Wedges, Quinoa,
Creamed Spinach,
Zucchini

ACTION STATION

Wednesday

ENTRÉES

**Buffalo Hot Wing
Wednesday**

Or

Smothered Pork Chop

Broccoli/ Cheese, Black-
Eyed Peas, Mixed
Veggies, Rice

ACTION STATION

THURSDAY

ENTRÉES

Country Fried Steak

Or

Chicken Enchiladas

Mashed Potatoes,
Spanish Rice, Fire

Roasted Black

Bean/Corn, Grilled

Asparagus

ACTION STATION

FRIDAY

ENTRÉES

Fried/ Baked Fish
Or
**Chicken & Sausage
Gumbo**

Homemade Creole
Potato Salad. Creamy
Cole Slaw, Macaroni &
Cheese, Dessert

ACTION STATION