

RSLO313

Resolute™ Strength Selectorized Line

Back Extension

ITEM S12



Resolve to make your selectorized strength equipment purchase with confidence—choose the Resolute™ Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

The Resolute Strength Back Extension focuses on the muscles of the lower back that help to extend the spine and aid in rotational movements. The Back Extension movement complements the muscles trained during abdominal exercises.



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Biomechanically Sound

The contoured back pad provides proper support to ensure back muscle activation throughout the movement. The fixed footplate provides stability during the full range of motion.

Designed to Go the Distance

Sealed bearings in all pivot points, oversized steel tubing, and chrome-plated adjustment plates make for quiet, durable operation for years to come.

Focused on the Experience

The open design and single adjustment of the movement arm allows for exercisers to start their workout quickly and easily. The start position, weight adjustment and patented add-on weight switch are all conveniently located from the seated position.

Advanced Training with Sony® Advagym

Strength training has gone digital. Add the Sony Advagym training and tracking system, along with the app, to give your exercisers a whole new way to train. Through the Advagym app, personal trainers can prescribe workouts and monitor their clients' progress.



Specifications

Dimensions (L x W x H): 48 x 49 x 58 in / 122 x 124 x 148 cm

Weight Stack Tower Height: 58 in / 148 cm

Equipment Weight: 532 lb / 242 kg

Weight Stack: 200 lb / 91 kg

Warranty: Visit www.precor.com for warranty terms.

Color Options*

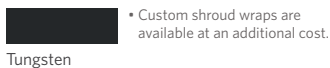
Frame



Black Pearl

Gloss Metallic Silver

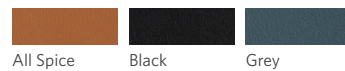
Shroud



Tungsten

* Custom shroud wraps are available at an additional cost.

Upholstery

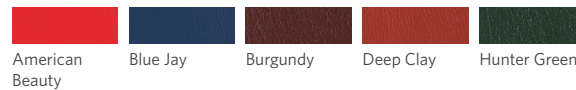


All Spice

Black

Grey

Additional Upholstery Options**



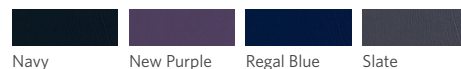
American Beauty

Blue Jay

Burgundy

Deep Clay

Hunter Green



Navy

New Purple

Regal Blue

Slate

*Colors may vary.

**Additional lead time applies.