



DRY JANUARY



This game will help you track your efforts. Color the bubble for each day you don't drink alcohol to track your progress



Row 1: 7 empty circles

Row 2: 7 empty circles

Row 3: 7 empty circles

Row 4: 1 empty circle

KEEP GOING!

Row 5: 7 empty circles

Row 6: 7 empty circles

Row 7: 7 empty circles

Row 8: 2 empty circles

Row 9: 1 empty circle



YOU DID IT!

