



### ***Lake Charles area Emergency Preparedness & Response Information***

#### **LSUHSC – NEW ORLEANS INFORMATION**

##### **LSUHSC-NO Hurricane Preparation Tips**

<http://www.lsuhs.edu/administration/ocp/hurricane-tips.aspx>

##### **LSUHSC-NO Emergency Alert System**

<http://www.lsuhs.edu/alerts/>

##### **LSUHSC Employee Benefits & Health Insurance Information**

<http://www.lsuhs.edu/administration/hrm/benefits-about.aspx>

#### **STATE INFORMATION & RESOURCES**

##### **Louisiana Governor's Office of Homeland Security & Emergency Preparedness**

*Information intended to lead and support Louisiana and its citizens in the preparation for, response to and recovery from all emergencies and disasters.*

<http://www.gohsep.la.gov/>

(225) 925-7500

##### **Louisiana Office of the Governor – Disaster Resources**

*List of resources available to disaster victims.*

<http://gov.louisiana.gov/page/disaster-resources>

##### **Louisiana Emergency Preparedness Guides**

*In conjunction with the Office of Homeland Security and Emergency Preparedness, American Red Cross and select United Way offices distributes copies of the guide, which is also available for download on this website, intended for citizens who will use the maps and contra-flow routes to evacuate when disasters threaten the coastal areas.*

<http://www.gohsep.la.gov/prepare/emergency-preparedness-guide>

##### **Get a Game Plan**

*Assistance in developing a simple but successful "game plan" for disaster preparation, including developing an emergency kit, preparing an evacuation plan, protecting your home and valuables, preparing for electrical outages, protecting your pets, and staying informed.*

<https://gov.louisiana.gov/page/tropical-storm-laura-and-tropical-depression-14-resources>

##### **Louisiana Spirit**

*Federally funded crisis counseling and stress management program for individuals, families and groups affected by disasters across the State of Louisiana.*

<http://new.dhh.louisiana.gov/index.cfm/page/201>

1-866-310-7977

##### **Louisiana Department of Children & Family Services – Disaster Food Stamp Program**

*Provides eligible low- to moderate-income households – who do not normally receive Food Stamp benefits – with help buying groceries due to lost income or damages following a disaster.*

<http://www.dcf.louisiana.gov/dsnap>

1-888-524-3578



### **LOCAL INFORMATION & RESOURCES**

*For parishes not listed below, check your parish government's website for more information.*

#### **Lake Charles- Calcasieu Parish Office of Emergency Preparedness**

<https://www.cityoflakecharles.com/category/?fCS=6-0>

(337) 721-3800

#### **Lake Charles- United Way of Southeast Louisiana**

<https://unitedwayswla.org/>

815 Ryan Street

Lake Charles, LA 70601

(337) 433-1088

### **NATIONAL INFORMATION & RESOURCES**

#### **American Red Cross**

*Serves as a safety net for people in their hour of greatest need, including providing food and shelter in emergencies and teaching life-saving skills.*

<http://www.redcross.org/>

1-800-733-2767

#### **Southeast Louisiana Chapter – American Red Cross**

<http://www.redcross.org/la/new-orleans>

(504) 620-3105

#### **Centers for Disease Control and Prevention (CDC)**

*Provides information and resources for preparing for and responding to public health emergencies. Includes information to keep the public informed, and protect and save lives.*

<http://emergency.cdc.gov/>

1-800-232-4636

#### **Disaster Distress Helpline**

*SAMHSA (Substance Abuse and Mental Health Services Administration) provides crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.*

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

1-800-985-5990 or text "TalkWithUs" to 66746

#### **Federal Emergency Management Agency (FEMA)**

*Provides support to citizens and first responders to build, sustain, and improve the nation's capability to prepare for, protect against, respond to, recover from, and mitigate all hazards.*

<http://www.fema.gov/>

1-800-621-3362

#### **Ready.gov**

*FEMA's public service campaign designed to educate and empower Americans to prepare for and respond to emergencies including natural and man-made disasters. Website includes information regarding preparing a disaster kit and planning for disasters including hurricanes.*

<http://www.ready.gov/hurricanes>



### **The Salvation Army**

*Provides emergency response to disasters, including food, shelter, financial assistance for basic needs, case management, donations management, emotional and spiritual comfort, and clean-up and rebuilding services.*

<http://disaster.salvationarmyusa.org/>

(601) 969-6868

### **Lake Charles – The Salvation Army**

<https://resources.chooselouisianahealth.com/map/the-salvation-army-lake-charles/>

3020 Legion Street

Lake Charles, LA 70615

(337) 721-8068

\*Services provided: emergency shelter, food bank, housing, homeless shelter, utility assistance, clothing, substance abuse and addiction services.